POST-GRADUATE PLAN NIGHT



Wednesday September 15, 2021 5:00 p.m. Genoa-Kingston High School Counseling Department

Genoa-Kingston High School Counseling Department

Christy Wiedmaier

School Counselor Last names A-L



Carly George
School Counselor
Last names M-Z





Maria Miranda
Student Services
Coordinator

And please welcome our Principal and Vice Principal!

Matt Cascio Principal



Rhonda Andrews
Assistant Principal



Counseling Website and Social Media

Twitter: @GKCounseling

Weebly: gkcounseling.weebly.com

Google Classrooms:

- Code for Freshman: 5niiurr
- Code for Sohomores: crqmunb
- Code for Juniors: aodzsns
- * Code for Seniors: 5nipqw6

AGENDA

- 1. Mapping Your Future
- 2. Requirements
 - a. High School Graduation Requirements
 - b. College Admissions Requirements
- 3. Educational opportunities through GK
- 4. Post-secondary options
- 5. SAT
- 6. Financial Aid
- 7. Scholarships
- 8. College/Career Planning Resources

What is YOUR Post-Graduate Plan?

Community College

4-year University

College

Private vs Public

Online program Reserves

Active Duty

Military

National Guard

Academies

Public sector

Work Private sector

Certificate program

Apprenticeship

Trade or Vocational Program

Technical school

Trade school

Travel

Volunteer

Gap Year

Work

Internship

GKHS Counseling Program

We provide support for students in academic, post-secondary, and personal growth.

- Individual meetings
 - Meetings with students each year
 - Students sign up viaGoogle Form
 - Referrals
- Classroom lessons
 - Career exploration
 - Academic opportunities
 - Scheduling presentations

"Creating a community where students pursue lifelong intellectual and personal growth."

- Programming and events
 - Parent nights
 - Workshops
- Small group discussions



Mapping Your Future

Freshmen year → Build a strong foundation

- Pass all of your classes
- Connect with peers and staff
- Get involved
- Explore interests and values



Sophomore year → Explore your options

- Answer the questions:
 - What do I want to do after high school?
 - How do I get there?
 - What should I be doing now?
- Prepare for junior year opportunities
 - KEC
 - Coop/OTJ
 - Kish @ GK

Mapping Your Future

Junior year → **Secure post-secondary options**

- Transcript check (do I have the classes I need for my post-secondary plan?)
- NCAA/NAIA if wanting to play sports in college.
- College visits
- Aligning academic performance
- Preparing for tests (SAT/ACT) and then taking them (re-takes if needed)

Senior year → Apply and maintain

- Application/admissions process
 - Letter(s) of Recommendation
 - Essays
- Keep grades up!



High School Graduation Requirements

Check out our Student Coursebook for more details

STUDENTS NEED 25 CREDITS TO GRADUATE		
English	4 credits	
Math (Algebra, Geometry)	3 credits	
Science	3 credits	
Social Studies (World Cultures, American Government, American History)	2 credits	
Health	½ credit	
Digital Literacy	½ credit	
Consumer Economics	½ credit	

^{*}Class of 2023 and beyond require 25 hours of Community Service

College Requirements

English	4 credits
Math	3 credits (4 recommended)
Science	3 credits (4 recommended)
Social Studies	3 credits
Foreign Language* (Rec.)	2 credits
Music	
Art	

^{*} Some colleges are not requiring a foreign language to get in, but are requiring students to take it in college.

Dual Credit and Dual Enrollment at Kishwaukee College

- Dual credit = high school <u>AND</u> college credit
- Dual enrollment = college credit ONLY
- Criteria- 2.0 cumulative GPA and no Fs the previous semester
- The following college courses can be taken for dual credit:
 - English Composition I
 - English Composition II
 - Speech
 - Calculus II
 - Calculus III
 - Physics II
 - Psychology
 - Engineering-Statics

Sign up to see your counselor if you are interested!

Cost ~\$458/class

Kish @ GK

- Dual credit program at the high school
 - Kish professors come to us!
- 1st semester: ENG 103 and PSY 102
- 2nd semester: COM 100 and ECO 260
- Cost
 - \$275 for two college classes
 - \$550 for four college classes
- Eligibility
 - Junior or Senior (seniors given priority)
 - Placement- GPA, test scores, placement test



KEC Career Technical Education (CTE)

JUNIOR AND/OR SENIOR YEAR ONLY

- On track with core academic areas (Eng, Math, Sci, and SS) and required electives
- -Students must have 12+ credits, by end their sophomore year
- Off-campus 2 periods each day
- GKHS and KISH credit!
- Program options include:
 - Automotive Technology
 - Computer Programming
 - Cosmetology
 - Early Childhood Education
 - Criminal Justice
 - CNA
 - Culinary
 - Welding



Co-Op/On the Job

JUNIOR AND/OR SENIOR YEAR ONLY

- ★ Work a **paying** job (paycheck NOT cash)
 - (unpaid internships do NOT count)
 - Must have job when applying!
- ★ 10 hrs/week or more
- ★ Co-Op class-1 period
- ★ Can leave after 2nd hour to work during senior year and after 3rd hour junior year

Engineering, Math, and Science Academy (EMSA)

Seniors interested in engineering or pre-medical careers

2 Tracks:

- 1. Engineering
- 2. Pre-Professional (Pre-Med, Pre-Vet, etc.)

Requirements:

B or better in Chemistry and Trig/Pre-Calc

Students take 5 college classes including Calculus I.

EMSA is periods 1-2 everyday.

Applications available Junior year in October/early November.

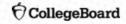
Exploring Careers

BIG FUTURE Career Finder on CollegeBoard

- ~Enter your interests
- ~Explore careers that could be a good match for you
- 1. Build your profile
- 2. Save careers
- 3. Make a plan!

Career Finder

Start with your interests. Your future will follow.





Exploring Colleges

BIG FUTURE on CollegeBoard

- Search for colleges (2 year AND 4-year) by:
 - Name
 - Location
 - Majors
 - School size
 - Sports
 - Activities on campus
 - Cost
 - Selectivity (GPA, test scores, etc.)
 - ANY MUCH MORE!

There are more than 2,000 colleges in the United States.

Find the right college for you.

Filter by location, major, and more.

Already have a school in mind?

Look up a college by name Q

Starting the College Process

- 2-year (community colleges) vs. 4-year colleges and univ.
- It's not too early to start visiting colleges and universities!
 - Would you buy a house before you saw it?
 - Visit days
 - Scheduled tours
 - Overnight visits
- How many schools to apply to: About 5!
 - 2 "SAFE" schools
 - 2 "AT-YOUR-LEVEL" schools
 - 1 "REACH" school

2 Year Community College







- Offers Associate Degree programs, certificate programs, etc.
- Able to transfer from community college to 4-year college/university
- Our in-district school: Kishwaukee College
- Application Timeline
 - Rolling admission
 - December- Apply for Kishwaukee College Scholarships
 - April- sit for placement exams AND meet with an academic advisor to register
- Benefits: cost, improve transcript, more individualized support, Associate Degrees are more protected when transferring
- Disadvantages: course offerings, campus life

College Applications - 4 Year Universities/Colleges

- Most EARLY ADMISSIONS DEADLINES require applications by 10/15 or 11/1
- Backward design: Read entire application and begin with what you cannot do
 on your own (ex. Letter of Rec., Transcript, Official Test Scores)
 - Letter of rec Teachers have until the deadline to submit not held against you if they are late
 - Transcript You and a parent need to sign off AND pay \$1 to Student Services (gets you 5 transcripts)
 - FIND OUT IF YOUR CURRENT COURSES ARE NEEDED...tell Ms. Miranda!
 - Official Test Scores Need to request through SAT/ACT, takes a few weeks! Some school may accept them on transcripts! (Consider if college is test-optional)
- Follow directions
- Have someone proofread before you submit
- Do not fear the "additional information" section
- Essays they want to know about you!
 - STAY POSITIVE!
- Social Media clean it up!



Typical **REGULAR** Admissions Deadlines for Popular Colleges and Universities

- University of Illinois at Urbana/Champaign (U of I)- Dec. 1
- Northwestern University- Jan. 1
- University of Chicago- Jan. 1
- University of Illinois at Chicago (UIC)- Jan. 15
- DePaul University- Feb. 1
- Knox College- Feb. 1
- Illinois State University (ISU)- Mar. 1
- Columbia College- May 1
- Southern Illinois University Carbondale (SIU-C)- May 1
- Southern Illinois University Edwardsville (SIU-E)- May 1
- Western Illinois University (WIU)- May 15
- Northern Illinois University (NIU)- Aug. 1
- Eastern Illinois University (EIU)- Aug. 15
- * Kishwaukee College- some time in August
- * Rock Valley College- some time in August

2021-2022 SAT Test Registration

Test Date	Normal Deadline	Late Registration*
October 2	September 3	September 21
November 6	October 8	October 26
December 4	November 4	November 23
March 12	February 11	March 1
May 7	April 8	April 26
June 4	May 5	May 25

Sign up through Collegeboard.org

SAT/PSAT School Day Testing

- Juniors (class of 2023)- April 13, 2022***
- Fresh and Soph- PSAT on same day!

REQUIRED TO RECEIVE A DIPLOMA





Over 500 colleges and universities are test-optional!

Test-optional colleges list:

https://www.nacacnet.org/news--publications/newsroom/test-optional-means-test-optional/

Admissions updates due to COVID-19:

https://www.nacacnet.org/news--publications/newsroom/college-admission-status-coronavirus/

Scholarships

- Types of scholarships
 - Academic achievement/merit
 - Athletic
 - Community Service
 - Cultural
- How can I find them?
 - Local programs (GKHS Guidance Website):
 http://gkcounseling.weebly.com/
 - School-specific (college's website)
 - o Fastweb:- https://www.fastweb.com/
 - o College Greenlight: https://www.collegegreenlight.com/
 - O Big Future: https://bigfuture.collegeboard.org/scholarship-search
- What do to
 - Keep your grades up
 - Community service/get involved
 - Research



FAFSA



- Who needs to fill out a FAFSA?
 - FAFSA (or the opt-out form) is a GRADUATION REQUIREMENT!
 - Access to loans, grants, money from colleges based on eligibility
 - Work study/scholarships
- May begin filing FAFSA October 1→ https://fafsa.ed.gov/
- Benefit to file early:
 - If you qualify for grants (free money) it will not have run out yet
 - Colleges and universities have a pot of money and when it's all gone, it's all gone!
- Alternative Application for Illinois Financial Aid- file if you would not otherwise qualify:

https://www.isac.org/students/before-college/financial-aid-planning/retention-of-illinois-rise-act/

GKHS Class of 2022 FAFSA Workshop



Per the state of Illinois, the Free Application for Federal Student Aid (FAFSA) is a graduation requirement for all Seniors (Class of 2022).

Attend our FAFSA Workshop to get assistance completing yours!

Date: Wednesday, October 6

Time: 5 p.m. - 7 p.m.

Location: Learning Center

An email will be sent with a list of what to bring to the event!

*Please note: Although completing the FAFSA is highly recommended for all students pursuing education beyond high school, the FAFSA Non-Participation Form can be completed in lieu of the FAFSA. Contact your student's counselor if you need to request this form. Either the FAFSA OR the Non-Participation Form must be completed to be eligible for graduation.

FAFSA Workshops at GKHS



- FAFSA Workshops @ GKHS
 Wednesday, October 6 at 5-7pm
 - Do not have to stay the entire time
 - Do not have to be there right at the start
 - Presentation by NIU Scholarship Office
 - Assistance filing FAFSA from NIU, Kish, and GK Guidance Staff
- What to bring:
 - 1. at least one parent/guardian
 - 2. parent and student's social security number
 - 3. parent(s)and student 2020 (prior-prior year) federal income tax return, W2s, and any other records of money earned (NOTE: The IRS data retrieval tool on the FAFSA website may allow some to automatically upload their tax return data)
 - 4. parent(s) and student's bank statements or other records of investments (if applicable)
 - 4. parent(s) and student's record of any untaxed income (if applicable)

College Award Letters

FINANCIAL AID AWARD PACKAGE

COST OF ATTENDANCE (ESTIMATED)	
TUITION	\$38,700
FEES	\$2,500
TOTAL DIRECT COSTS	\$41,200
A CONTRACTOR OF THE CONTRACTOR	
FINANCIAL AID PACKAGE	
FED PELL GRANT	\$5,550
FED PERKINS L.	\$2,000
FED SEOG GRANT	\$2,000
FED SUB STAFF.	\$3,500
COLLEGE GRANT	\$4,000
FED UNSUB STAF	\$2,000
PARENT PLUS L.	\$12,200
TOTAL FINANCIAL AID	\$31,250
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EXPECTED NET COST	\$9,950

- Award letter = how much it will cost <u>your</u> student to attend each institution
- Colleges must provide this information
- Earlier FAFSA = Earlier Award letter distribution
- Some schools give award letters with acceptance letters...others come later!

Other Post-Secondary Options

- Military
 - Some branches allow the process to start in between junior and senior year
 - Physical assessments, background checks
 - You need your high school diploma!
 - Connect with recruiter
- Trades
 - Trade School- be trained in a specific skill
 - Apprenticeship
- Employment
 - Go directly into the world of work



Post-Secondary Planning HELP



Do you want to begin your post-secondary planning process?

Do you have questions about completing applications?

Not sure what you want to do after high school?

- Sign up to see your Counselor!
- → NEW Request form: https://forms.gle/y66zmm65Ly6ReK8e7
 - Mrs. Wiedmaier (last names A-L)
 - Ms. George (last names M-Z)

Schedule a meeting with our ISAC rep

- They can assist with: career and college exploration, college admission and applications, financial aid options, completing the FAFSA, understanding the financial aid award letter, transitioning to college, and more.
- sign up to meet w/ Ms. Curry: <u>ISAC Appointment Request</u>
- Office hours every other Tuesday at 2:30pm starting in October
- ◆ ISAC text line: 815-242-4630
- Spanish text line: 773-823-0570



College/Career Planning Resources

Found on our counseling website!

http://gkcounseling.weebly.com/college-and-career-planningsummer-opportunities.html

COLLEGE AND CAREER PREPAREDNESS TIMELINES



timeline_for_9th_grade.docx Download File



timeline_for_11th_grade.docx Download File



timeline_for_10th_grade.docx
Download File



timeline_for_12th_grade.docx
Download File

COLLEGES AND UNIVERSITIES



bigfuture-college-list-handout.pdf Download File



colleges_majors_and_career_exploration.docx Download File



common_application_info.docx Download File



general_post-secondary_terms.docx Download File



college_applications_presentation.pdf
Download File



types_of_degrees_explained.docx Download File



terms_to_help_understand_the_college_application_process.docx Download File



financial_aid_terms.docx
Download File

College/Career Planning Resources Continued...

FINANCIAL AID-FAFSA



creating_your_fsa_id.student.pdf Download File



creating_your_fsa_id.parent.pdf Download File



fafsa_instructions.pdf
Download File

MILITARY



military.docx Download File

NCAA ATHLETICS



ncaa_div_ii_information.docx Download File



ncaa_div_i_information.docx
Download File



naia_information.docx Download File

WORLD OF WORK-



cover-letter.pdf Download File



interviewing_skills_ppt.pdf Download File

Cover letters/Interviewing



cover_letters_ppt.pptx
Download File



cover_letter-_questions-to-keep-in-mind.pdf Download File



summarizing_yourself_in_a_single_page_how_to_build_your_résumé.pptx Download File

Important Forms

Found in our office, on the website, and on Google Classroom:

- Brag Sheet
- Transcript Request form
- Community service form

Link to access forms:

http://gkcounseling.weebly.com/download-forms.html

Questions?

Thank you for attending!